Santa Cruz Free Guide santacruzfreeguide.org

SHELTER

Housing Matters 115 D Coral St, (831) 458-6020 AFC Rotating **Shelter** Temporary shelter for families & single adults, (831) 515-6964 AFC Safe Parking (831) 753-8555 Jesus, Mary and **Joseph Home** Faith-based shelter for women & children. (831) 459-8046 **Siena House Maternity Home** transitional home for pregnant people and their babies (up to 3 months old) (831) 425-2229 Salvation Army Emergency Shelter and 1220 River St Intake Line: (831) 359-5996, Overlook/Armory Staff (831) 431-6321 **RV Safe Parking** (831) 515-8665, call between 9-5 M-F

RESOURCES

Santa Cruz Public Library 24 Hr Free Public Wifi, 224 Church St. **Downtown Outreach Workers** (831) 713-3088/(831) 818-0166/(831) 713-7427, SCPL Mon 1-3, Fri 1-3:30, bus passes & referrals **Downtown Streets Team** Volunteer work experience program with case management. Meetings Thursdays 12pm, The 418 Project (155 S River St), (831) 889-8847 **Homeless Garden Project** employment training program Tues-Fri 10am, Delaware & Shaffer (garden work for lunch) **SCC Veterans Office** Services for Veterans & Families 842 Front St., (831) 454-7276 **Service Navigation Workshop Housing** Matters 115 D Coral St Wed & Fri 2-4pm Wings Free Birth Certificates Thurs 10:30am-12pm 224 Church St, Santa Cruz Heather's Pet Food Pantry (844) 984-0946, 2601 Chanticleer Ave, Fridays 1-3pm Santa Cruz SPCA Pet Surrender Line (831) 465-5000 Emergency Rental Assistance Program (831) 316-1822 Senior Network Services Case Management (831) 462-1434, information & assistance: (831) 462-1433, www.seniornetworkservices.org 1777-A Capitola Road **Thrive Hive** Showers, laundry, hot meal & other resources for youth ages 15-24 Mental Health Client Action Network (MHCAN) Showers, laundry, computers, and other necessities, 1051 Cayuga St, Mo, Tu, Th & Fi 9am-2pm, (831) 469-0479 Warming Center Program's Warming Wednesday Blankets, clothes, shoes, hygiene items, limited tents, etc., Nov 1-March 31, Wed 12-3pm, 150 Felker St (gate at levee-side of property), emergency homeless info hotline: (831) 246-1234

DOMESTIC VIOLENCE

Walnut Ave. Family & Women's Center Domestic violence support for families & people of all genders, 303 Walnut Ave., (831) 426-3062, 24 hr (866) 269-2559 **Monarch Services** 24hr. Domestic Violence & Rape Hotline (888) 900-4232

LEGAL

Tenant Sanctuary Info/counseling about tenant rights. 703 Pacific Ave: Mon 3-6pm, Wed 4-6pm & 7-8pm, Fri 10am-2pm. 1740 17th Ave: Wed 10:30am-2:30 pm. (831) 200-0740 **Main Jail** (831) 454-7800 **Public Defender** (831) 429-1311 **SCPD non-emer** (831) 471-1131 Homeless Persons Legal Assistance Project 10am-12:30pm, 903 Pacific Ave, (831) 466-6078 **Court Date Textline** (831) 208-5170 (text case number) California Rural Legal Assistance (831) 724-2253 Senior Legal Services (831) 426-8824

STUDENT RESOURCES

Cabrillo Students rowest@cabrillo.edu

UCSC Students (831) 459-4446, deanofstudents@ucsc.edu, crisis line (831) 459-2628

UCSC The Cove (above OPERS East Field next to Cowell's Provost's House) Harm reduction, recovery meetings & peer-to-peer support, M-F 10am-5pm, jbru@ucsc.edu

UCSC CARE Domestic violence, sexual harassment, etc. support, (831) 502-2273, care@ucsc.edu

MEALS/FOOD

Barrios Unidos 1817 Soquel Ave, Fri & Sat, 12am-1pm Food Not Bombs Town Clock (location may change) Sa & Su 12-3pm 800-884-1136 **Second Harvest** Hotline to free food locations, (831) 662-0991, free food locator: www.thefoodbank.org/find-foodcomida **St Francis Soup Kitchen** Mon-Fri 12-1pm, 205 Mora St. (off River St., behind San Lorenzo Garden Ctr) Grey Bears Thu & Fri 7am, 2710 Chanticleer Ave. (work for groceries & lunch) Manna Ministries Sat Noon, 7600 Soquel Dr. Aptos, Resurrection Church Meals on Wheels Meal delivery for older adults (60+), 831-464-3180 ext. 100, communitybridges.org/mealsonwheels/ Holy Cross Food Pantry 210 High St (one time gas card & groceries) (831) 469-0631 Santa Cruz Bible Church Food Pantry 440 Frederick St Tu 10-12pm, Th 12-1pm **Teen Kitchen Project** Meal delivery for persons with serious illness, call for eligibility 316-4540 ext. 1, teenkitchenproject.org London Nelson Lunch for adults 60+, 301 Center St, M-F 11am-1pm Salvation Army Food Pantry 721 Laurel St, M-Th 9-11:30am

SHOWERS

Housing Matters Mon-Sun 7am-2:30pm, 115 Coral St. **Resurrection Church** 7600 Soquel Dr, Aptos Tues 3-5:15pm & Sat 11:30am-1:30pm **Trinity Presbyterian** 420 Melrose Ave (behind Safeway, off Morrissey) Wed 3-6pm

RESTROOMS & PORTABLE TOILETS

Housing Matters 24/7 Restrooms, 115 D Coral St
Cedar & Center Depot Park Restrooms, drinking fountain
Sunrise-Sunset, 119 Center St DeLaveaga Park Restrooms,
drinking fountain, Phone Sunrise-Sunset
326 Evergreen St. Skate Park 9am-Sunset, 225 San Lorenzo at
Riverside Ave Book Shop Santa Cruz Restrooms, Mon-Thur
9am-10pm, Fri-Sat 9am-11pm, 1520 Pacific Ave Natural Bridges
Public Restroom and Changing Rooms 2531 W Cliff Dr, Santa
Cruz, 8am-8pm Public Restroom West Cliff Drive near the
Lighthouse, Santa Cruz Public Restroom 106 Beach St, Santa Cruz
Public restrooms open every day (closed 2am-4am) on Santa
Cruz Municipal Wharf Downtown SC 121 Soquel Ave.

MEDICAL

Live Oak Health Center Primary care, behavioral health, NARCAN M-Th 8am-8pm, F 8am-5pm, Sa 8am-1pm 1510 Capitola Rd Women's Health Center Primary Care, behavioral health, NARCAN M-F 8am-5pm 250 Locust St Homeless Persons Health Project Free Medical Care, 115 Coral St., (831) 454-2080, Mon, Wed 8-5pm; Tues, Thur 1-5pm; Fri 8-3pm After hours for ESTABLISHED PATIENTS ONLY (831) 454-5146 Emeline Primary Care/Urgent Care 1080 Emeline Ave M-F 9-5 (831) 454-4100 **Doctors on Duty** 615 Ocean St. M-F 8-6, Sat-Sun 8-4 (831) 425-7991 6800, Soquel Dr. M-F 8-4 (831) 662-3611 COVID Vaccine appts 833-422-4255 Rides to Medi-Cal appts (831) 430-5577 Dientes Dental 1830 Commercial Way: (831) 464-5409, 302 Riverside Ave: (831) 464-5411, 1500 Capitola Rd: (831) 276-7010 Planned Parenthood SCZ (831) 426-5550 119 Pacific Ave Ste 200 Dominican Hospital (831) 462-7700 SC Veterinary Street Outreach (check facebook page) scanimalshelter. org/healthy-pets-for-all **HIV/HCV testing** Fri 10am-1pm at 1060 Emeline Ave. Rm 105 (Use north entrance Bldg F) Mobile Wellness Clinic 515 Frederick St, Mon 9am-3pm

MENTAL HEALTH & SUBSTANCE USE

Mental Health Client Action Network (MHCAN) Peer Support, Classes & Counseling, 1051 Cayuga St., (831) 469-0479 **Emeline MAT** MAT accepts first 4 clients on Monday morning (have ID), 1080 Emeline Ave, call for consultation (831) 454-4808, after hours (831) 763-8227 **New Life Recovery** (831) 427-1007, 707 Fair Ave. Intakes Wed & Thu 4-6 Janus of Santa Cruz (866) 526-8772, 200 7th Ave., #150 Free Syringe Exchange Mon & Fri 10-1 Tues 5-7pm, W & Th 4-6, 1060 Emeline Ave. Rm 105 (Use north entrance Bldg F) Harm Reduction Coalition (831) 769-4700 text or call anytime Suicide Prevention Talkline 1-877-0NE-LIFE, 1-877-663-5433 Crisis Textline 741-741 **LGBTQ+ Youth Crisis Line** (866) 488-7386, or text "start" to 678-678 **NAMI** (831) 427-8020/(831) 205-7074 (español) Mobile Emergency Response Team M-F 8am-5pm, (800) 952-2335 Recovery Café (831) 687-8783, Calvary Church, Lincoln & Cedar St, Mon & Fri 11am-1pm & 2-3 pm. Member & Guest Hours 1-2pm Recovery Support Group **ACCESS Team** Assessments and referrals to mental health services, (831) 454-4170/(800)-952-2335, available 24/7